

CLINICAL POLICY ADVISORY GROUP (CPAG)

Derby and Derbyshire ICB Overarching Position Statement for Evidence-Based Interventions Guidance

[The Evidence-Based Interventions \(EBI\) Programme](#) began in 2018 to ensure a national approach to quality improvement and align best practice across the healthcare system. From the outset it had the following key principles:

- Improve the quality of care for everyone
- Reduce the risk of harm to patients
- Minimise unwarranted variation in service provision
- Optimise the use of finite resources and ensure any money saved is spent on other, more effective treatments

The national Evidence Based Interventions List 1, 2, 3 & 4 was published in 2019, November 2019, May 2023 & January 2024 respectively.

Following the publication of each list, DDICB CPAG have reviewed the interventions locally, which included extensive stakeholder engagement.

The national EBI are either adopted in its entirety or contains agreed local variation. These are covered in local specific Clinical Policies or overarching policies; the latter being confirmed as part of a pathway with assurance that our providers' practices are aligned to the EBI.

In Autumn 2024, the national EBI guidance underwent an extensive review and was republished on the website www.ebi.aomrc.org.uk. The interventions are now organised both alphabetically and by specialty.

Consequently, the DDICB EBI position statements have also been refreshed to align with these changes.

See summary table in Appendix 1 for our commissioning intentions.

These may include links to specific Clinical Policies or national EBI.

EBI is part of the NHS Standard Contract, which is mandated by NHS England for use by commissioners for all contracts for healthcare services other than primary care. It should be noted that EBI recommendations are guidance and not a statutory requirement.

It is expected that where treatment criteria are met, the procedures or pathways, would be routinely funded without any need to apply for prior approval. Clinical acumen and discretion should remain central to the diagnosis and treatment process.

Appendix 1 National EBI guidance by specialty

National Evidence Based Intervention Guidance	Links to DDICB Policy (for pathways follow national EBI)
Breast (2)	
Breast reduction	Breast Reduction Surgery Policy (cosmetic)
Breast prosthesis removal	Breast Prosthesis Removal Policy (cosmetic)
Cardiovascular disease (5)	
Angioplasty for PCI (percutaneous coronary intervention) in stable angina	Angioplasty for PCI in Stable Angina Policy
Asymptomatic carotid artery stenosis screening	Asymptomatic carotid artery stenosis screening Position Statement
Diagnostic coronary angiography for low risk, stable chest pain	Intervention form part of a pathway
Exercise electrocardiogram (ECG) for screening for coronary heart disease	Exercise ECG screening for coronary heart disease
Varicose vein interventions	Varicose Veins Interventions Policy (General surgery)
Child health (1)	
Helmet therapy for treatment of positional plagiocephaly/brachycephaly in children	Not Routinely Commissioned Cosmetic Procedures- Cranial Banding
Ears, nose and throat (5)	
Grommets for glue ear in children	Grommets in Otitis Media with Effusion Policy
Removal of adenoids for treatment of glue ear	Tonsillectomy and Adenoidectomy Policy
Snoring surgery (in the absence of obstructive sleep apnoea)	Adult Snoring Surgery in the Absence of Obstructive Sleep Apnoea Policy
Surgical intervention for chronic rhinosinusitis	Surgical Intervention for Chronic Rhinosinusitis Policy
Tonsillectomy for recurrent tonsillitis	Tonsillectomy and Adenoidectomy Policy
Eyes (4)	
Chalazia removal	Meibomian Cyst (Chalazion) Policy
Glaucoma referral criteria	Intervention form part of a pathway
Optical coherence tomography (OCT) use in diabetic retinopathy referral	Intervention form part of a pathway
Shared decision making for cataract surgery	Intervention form part of a pathway
Gastrointestinal disease (8)	
Appendicectomy without confirmation of appendicitis	Intervention form part of a pathway
Appropriate colonoscopy in the management of hereditary colorectal cancer	Appropriate Colonoscopy in Hereditary Colorectal Cancer Policy
Cholecystectomy	Cholecystectomy for Symptomatic Gallbladder Stones Policy
Early endoscopic retrograde cholangiopancreatography (ERCP) in acute gallstone pancreatitis without cholangitis	Intervention form part of a pathway
Haemorrhoid surgery	Surgical Haemorrhoidectomy Policy
Referral for bariatric surgery	Complex and Specialised Obesity Surgery Policy
Repair of minimally symptomatic inguinal hernia	Repair of Minimally Symptomatic Inguinal Hernia Policy
Repeat Colonoscopy	Repeat Colonoscopy Policy
Haematology (1)	
Blood transfusion	Intervention form part of a pathway
Kidney disease & urology (9)	
Cystoscopy for uncomplicated lower urinary tract symptoms	Cystoscopy for uncomplicated lower urinary tract symptoms Policy
Investigation and onward referral of women with recurrent urinary tract infections (rUTIs)	Intervention form part of a pathway

Needle biopsy of prostate	Intervention form part of a pathway
Non-visible haematuria	Intervention form part of a pathway
Penile circumcision	Circumcision in Children Policy
Surgical removal of kidney stones	Surgical Removal of Kidney Stones Policy
Surgical intervention for Bladder Outflow Obstruction (BOO)	Intervention form part of a pathway (benign hyperplasia)
PSA Testing for men aged 80 years and above	Intervention form part of a pathway
Transurethral resection of bladder tumour (TURBT) single post instillation of mitomycin C (SPI-MMC)	Intervention form part of a pathway
Musculoskeletal / Spine (17)	
Arthroscopic shoulder decompression for subacromial pain	Arthroscopic Shoulder Decompression for Subacromial Shoulder Pain Policy
Arthroscopic surgery for meniscal tears	Arthroscopic Surgery for Degenerative Meniscal Tears Position statement
Carpal tunnel syndrome release	Carpal Tunnel Syndrome Policy
Dupuytren's contracture release in adults	Dupuytren's Contracture Policy
Fusion surgery for mechanical axial low back pain	Spinal Fusion for Mechanical Axial Low Back Pain Position Statement
Ganglion excision	Surgery for ganglion Cysts Policy
Knee arthroscopy for patients with osteoarthritis	Diagnostic Knee Arthroscopy Policy
Knee MRI for suspected meniscal tears	Knee MRI for suspected meniscal tears Policy
Knee MRI when symptoms are suggestive of osteoarthritis	Knee MRI when symptoms are suggestive of osteoarthritis Policy
Low back pain imaging	Low Back Pain Imaging Position Statement
Lumbar radiofrequency facet joint denervation	Lumbar Radiofrequency Facet Joint Denervation Policy
Lumbar discectomy	Spinal Decompression for Sciatica Policy
MRI scan of the hip for arthritis	MRI scan of the hip for arthritis Position Statement
Scans for shoulder pain and guided injections for shoulder pain	Scans and guided injections for shoulder pain Position Statement
Trigger finger release in adults	Trigger Finger Release in Adults Policy
Vertebral augmentation for painful osteoporotic vertebral fractures	Intervention form part of a pathway
Pre-operative assessment (2)	
Pre-operative chest x-ray	Intervention form part of a pathway
Pre-operative electrocardiogram (ECG)	Intervention form part of a pathway
Skin and soft tissue (1)	
Removal of benign skin lesions	Removal of Benign Skin Lesions Policy (Cosmetic)
Women's health (2)	
Dilatation & curettage for heavy menstrual bleeding	Dilatation and Curettage (D&C)for Heavy Menstrual Bleeding in Women Policy
Hysterectomy for heavy menstrual bleeding	Hysterectomy for Menorrhagia Policy

Retired Evidence Based Interventions

- Troponin Test
- Upper Gi Endoscopy
- Prostate Specific Antigen (PSA) Test
- Liver Function, creatinine kinase and lipid level tests

Appendix 2 – Consultees

EBI list 2

Consultee
Clinical Directors (Integrated Surgery, Critical Care and Anesthesia, General Medicine) CRHFT
Consultant Cardiologist, CRHFT & UHDBFT
Consultant Urologist, CRHFT & UHDBFT
Consultant Otolaryngologist, Head, Neck & Thyroid Surgeon, CRHFT
Consultant Orthopaedic Surgeon, CRHFT & UHDBFT
Consultant General & Colorectal Surgeon, CRHFT & UHDBFT
Consultant in General & Upper Gastro-intestinal Surgery, CRHFT
Consultant in Anaesthetics and Intensive Care Medicine, CRHFT
Divisional Director of Surgical Services, CRHFT
Clinical Director for Trauma and Orthopaedics, UHDBFT
Consultant in ENT, Head & Neck Surgeon, UHDBFT
Consultant Trauma, Orthopaedic & Spinal Surgeon, Asst Clinical Director, UHDBFT
Lead for Transfusion Services. UHDBFT
Consultant Radiologist, UHDBFT
Upper Limb & Hand Surgeon, UHDBFT
Consultant Gastroenterologist, Clinical Lead (ACD) for Endoscopy, UHDBFT
Acting General Manager, Outpatient Physio, OT & MSK Services, DCHS (on behalf of MSK Clinical Leads)
Clinical Lay Commissioning Committee

EBI List 3

Consultee
Consultant Oncoplastic Breast Surgeon, CRHFT
Consultant Plastics and Reconstructive Surgeon, UHDBFT
Associate Specialist in Plastic Surgery, UHDBFT
Clinical Director, Integrated Surgery, CRHFT
Consultant Urological Surgeon, CRHFT
Consultant General and Vascular (Lead) and Paediatric (Lead) Surgeon, UHDBFT
Consultant Paediatric Surgeon (NCHT and UHDBFT)
Consultant Ophthalmologist, Clinical Lead, North Derbyshire Diabetic Eye Screening Programme, CRHFT
Consultant Ophthalmic Surgeon, UHDBFT
Consultant Urologist, UHDBFT
Consultant Cardiologist, CRHFT
Head of Contracting and Performance, UHDBFT
Specialist Plastic Surgery Nurse, UHDBFT
Advanced Specialist Dietician, UHDBFT
Associate Professor & Honorary Consultant Physician, UHDBFT
Consultant Cardiologist, UHDBFT
Local Optical Committee

EBI List 4

Consultee
Urology Consultant, CRHFT
Urology Consultant, UHDBFT
Gynaecology Consultant, CRHFT
Urogynaecology Consultant, UHDBFT
Gynaecology Consultant, UHDBFT
GP, Chesterfield; GP, Derbyshire

Document Update	Date Updated
<u>Version 1.0</u> Derby and Derbyshire ICB EBI Overarching Position Statement	March 2025
<u>Version 1.1</u> Update to include links to new local policies approved CPAG March25.	March 2025